

## RULES

# IX LEGUA POPULAR CIUDAD DE VALLADOLID

### 1. ORGANIZACIÓN

The IX edition of the Legua Popular Ciudad de Valladolid will take place on **Sunday, September 24, 2023**. The race is included in the regional calendar of the Castilla y León Athletics Federation.

The race will start at **9:55 AM with the starting point on Miguel Íscar Street** and the finish line at Paseo Central del Campo Grande.

(Note: The start times and location may be subject to changes due to organizational requirements).

### 2. PARTICIPANTS

This race is open to all runners, whether federated or not, who are 18 years old or older on the day of the race (born before September 24, 2005).

### 3. REGISTRATION

Registrations will be exclusively done through the online platform selected by the Organization, which will be available on the official race website [www.mediamaratonvalladolid.com](http://www.mediamaratonvalladolid.com).

**Registrations are personal and non-transferable.**

#### REGISTRATION FEES ACCORDING TO DEADLINES:

There are two registration deadlines:

- a) From the opening of registrations until September 3: **€8**.
- b) From September 4 to September 17: **€10**.

There will be no on-site registrations on the day of the race.

\*Registrations cannot be transferred to future editions.

**WITHDRAWAL DUE TO INJURY:**

The registration fee will only be refunded upon presenting a medical certificate of injury via email to [atletaspopularesvalladolid@gmail.com](mailto:atletaspopularesvalladolid@gmail.com).

Deadline: September 9, 2023. Refund processing fee: €5.

**TRANSFER OF REGISTRATION:**

Registrations are considered final once completed. A change of registration holder may be allowed in case of force majeure, provided a medical certificate proving injury or illness is provided.

The deadline for transferring the registration to another participant is September 9, 2023. The procedure is to send an email to [atletaspopularesvalladolid@gmail.com](mailto:atletaspopularesvalladolid@gmail.com) with the details of the registered runner and the details of the new runner. The new runner will receive a confirmation email once successfully registered.

*(NOTE: The subject line of the email should read "Transfer of Registration for Legua Popular").*

**INSURANCE:**

At the time of registration, participants have the option to purchase cancellation insurance, which ensures a full refund of the registration fee.

#### 4. INSURANCE

There will be accident insurance as well as liability insurance to cover possible damages resulting from a sports accident, provided it is not due to a latent condition, reckless behavior, violation of laws, etc. Cases occurring during travel to/from the race venue are also excluded.

#### 5. CIVIC RESPONSIBILITY AND GOOD CONDUCT

It is strictly prohibited to participate in the race with leashed or unleashed animals.

According to Article 144 of the RIA (Race Regulations), it is not allowed to run accompanied by non-participating individuals, whether on foot or in any type of vehicle, or to carry children in arms or strollers. Running with animals, carts, or any unauthorized device not approved by the Organization is also prohibited. This prohibition applies throughout the race and particularly at the finish line. Non-compliance may result in disqualification by the Race Referee.

Runners who are not registered or run without a bib number will not be admitted to the race in order to protect the rights of duly registered participants.

## 6. LIABILITY

Upon registration, all participants will accept these regulations, in case of doubt, the decision of the organizing committee will prevail. The Organization of the sporting event reserves the right to modify and/or rectify these regulations at any time, as long as it is necessary for the correct operation and/or due to force majeure.

Any participant with health issues is obligated to notify the Organization in writing in advance, including their name, contact phone number, and health condition, which will be recorded on their bib number.

It is recommended that participants be in good physical condition for the race, and it is advised to undergo a medical check-up prior to participation, acknowledging the risks associated with sports activities.

## 7. DORSALES Y CRONOMETRAJE

The **collection of bib numbers** and the runner's bag will take place exclusively on **September 22 and 23** at the designated location and times indicated on the website [www.mediamaratonvalladolid.com](http://www.mediamaratonvalladolid.com).

On the day of the race, bib numbers cannot be collected, except for participants who are not registered residents of Valladolid. To collect the bib number, the interested participant must present their ID card (DNI) and the registration certificate. If someone else collects the bib number on behalf of the participant, a photocopy of their ID card and a signed authorization from the participant is required.

**Timing** will be carried out using a computer system and chips provided by the Organization. No other chips or devices other than those provided will be valid.

Any complaints regarding timing must be addressed exclusively to the race timer in writing within 30 minutes after the official publication of the results.

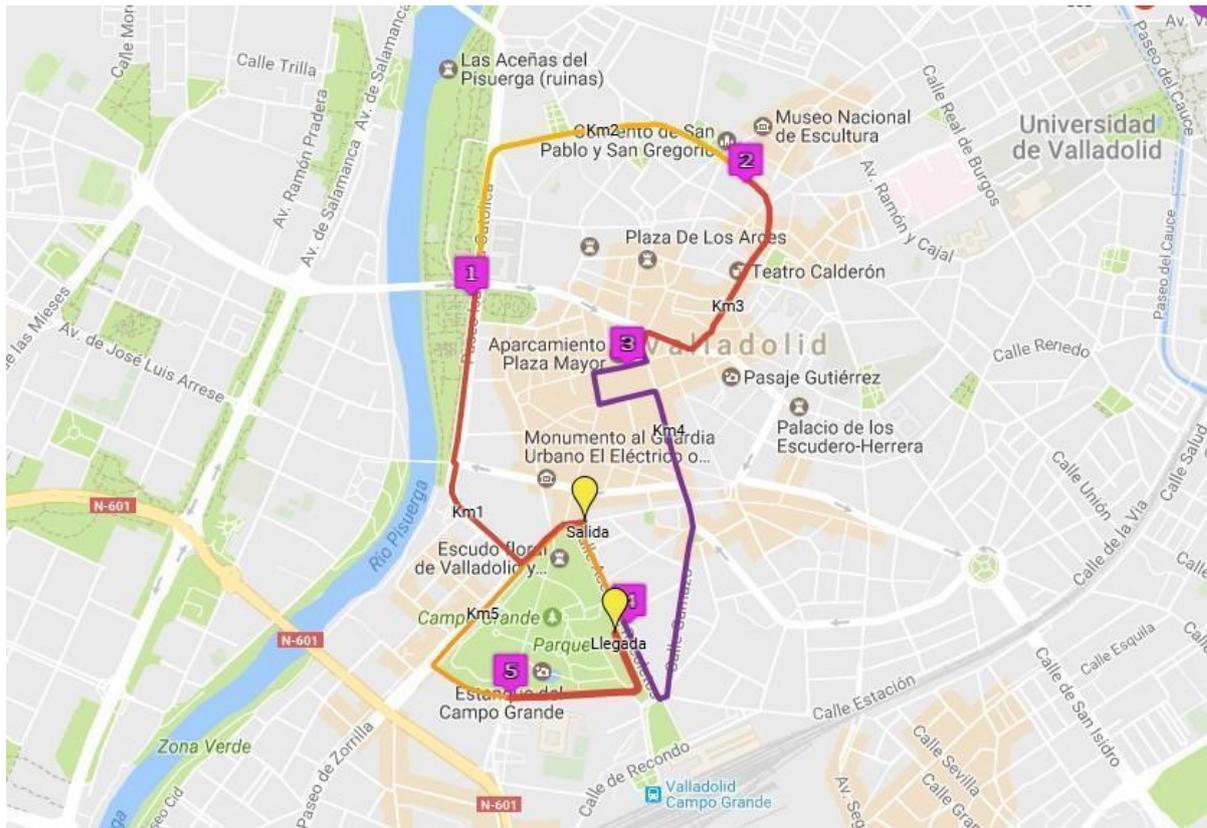
## 8. CLOAKROOM

The organization will provide a cloakroom service area near the finish line where runners can deposit their belongings. The organization is not responsible for the items deposited in the cloakroom.

## 9. COURSE AND RACE DURATION

The route will pass through the main streets of the city, along a flat urban circuit with a distance of **5,500 meters**.

The **maximum time to run the race will be 1 hour**. Any runner who exceeds this time will run under their responsibility, and the organization will be advised to abandon the race.



Only authorized vehicles designated by the Organization will be allowed to follow the race, and they will be properly identified. Following runners on motorcycles, bicycles, or any other personal mobility device is strictly prohibited and will result in removal by the Local Police or Organization members.

## 10. MEDICAL ASSISTANCE

The Organization will provide the necessary medical services to assist runners during the race.

## 11. CATEGORIES

| <b>CATEGORY</b> | <b>AGES</b>            |
|-----------------|------------------------|
| Senior          | 18 to 34 years old     |
| Vet -35         | 35 to 39 years old     |
| Vet -40         | 40 to 44 years old     |
| Vet -45         | 45 to 49 years old     |
| Vet -50         | 50 to 54 years old     |
| Vet -55         | 55 to 59 years old     |
| Vet -60         | 60 to 64 years old     |
| Vet -65         | 65 years old and above |

Ages must be reached by the date of the competition, September 24, 2023.

## 12. TROPHIES

- Overall: Top 3 male/female finishers
- Categories: Top 3 male/female finishers

(Trophies are not cumulative)

To receive awards and trophies, it is necessary to attend the award ceremony in person. Prizes will not be kept, and no claims will be accepted after the ceremony. Additionally, winners must prove their identity with their ID card, passport, or similar document.

Unclaimed trophies and prizes will be considered forfeited and cannot be claimed after the award ceremony has concluded.

Claims regarding the rankings must be made orally to the Race Referee and timing team no later than 30 minutes after the official results have been announced.

## 12. DISQUALIFICATIONS

Will be proposed for disqualification all runners who:

- Do not complete the entire course.
- Alter or conceal the advertising on the bib number.
- Use another participant's bib number or chip assigned by the organization.
- Do not wear the original bib number assigned for this edition.
- Do not visibly display the bib number at any time during the race.
- Do not follow the instructions of the referees and/or Organization staff

Disqualified athletes will lose all eligibility for trophies and will be removed from the rankings, in which they will not appear.

## 13. DATA PROTECTION

In accordance with the provisions of Organic Law 15/1999, of December 13, on the Protection of Personal Data, we inform you that the personal data collected through registration for this competition will be included in a file. The purpose of collecting this data is to carry out registration and results management tasks, as well as to provide information about sponsors and collaborators of the event. You may direct your communications and exercise your rights of access, rectification, cancellation, and opposition via email: [inscripciones@runvasport.es](mailto:inscripciones@runvasport.es). Furthermore, in accordance with sports, promotional, and distribution interests.

By the mere act of registering, the participant declares the following: "I am in optimal health condition to participate in the IX LEGUA POPULAR CIUDAD DE VALLADOLID. Furthermore, I release the Organization, sponsors, and other participating institutions from any liability for any accident or injury that I may suffer before, during, and/or after the sporting event, and I hereby waive any legal action against any of these entities. During the course of the competition, I will contribute as much as possible to the Organization to prevent personal accidents.

Acceptance of this regulation obligatorily implies that the participant authorizes the event organizers to fully or partially record their participation in it and agrees that their image may be used for the promotion and dissemination of the event in all its forms (radio, press, video, photo, DVD, internet, posters, media, etc.) and grants their data for the publication of event results, as well as all rights related to their commercial and advertising exploitation that they consider appropriate to execute, without the right to receive any financial compensation.