

# CARRERA Y MARCHA DÍA DE LA COMUNIDAD PONFERRADA

## CARRERA PONFERRADA

| POS. | P. CAT. | Dorsal | Nombre           | Apellidos                | Categoría          | Club                 | POBLACIÓN | META     |
|------|---------|--------|------------------|--------------------------|--------------------|----------------------|-----------|----------|
| 1    | 1       | 54     | Álvaro           | López Balboa             | SENIOR Masculino   | RUNNING PARA TODOS   |           | 00:14:48 |
| 2    | 2       | 100    | David            | Yebra Fernandez          | SENIOR Masculino   |                      |           | 00:14:58 |
| 3    | 1       | 7      | Paulo Jorge      | Baptista Semedo          | MASTER C Masculino | RUNNING PARA TODOS   |           | 00:15:30 |
| 4    | 3       | 32     | Sergio           | Fernández Vidal          | SENIOR Masculino   |                      |           | 00:15:48 |
| 5    | 1       | 12     | Daniel           | Blanco Álvarez           | MASTER B Masculino |                      |           | 00:16:03 |
| 6    | 1       | 68     | Raúl             | Nicolás Méndez           | MASTER A Masculino |                      |           | 00:16:05 |
| 7    | 1       | 48     | Fernando         | González Yenes           | MASTER D Masculino |                      |           | 00:16:54 |
| 8    | 2       | 56     | Javier           | López Lobato             | MASTER B Masculino |                      |           | 00:17:15 |
| 9    | 4       | 83     | Raul             | Ramos Juan               | SENIOR Masculino   | RUNNING PARA TODOS   |           | 00:17:33 |
| 10   | 2       | 55     | José Alberto     | López Fernández          | MASTER D Masculino |                      |           | 00:17:46 |
| 11   | 5       | 1      | Araney           | Afonso Pereira           | SENIOR Masculino   | LOS LINCES BERCIANOS |           | 00:18:02 |
| 12   | 1       | 86     | Rosalía          | Rodríguez Gigirey Villar | SENIOR Femenino    | RUNNING PARA TODOS   |           | 00:18:03 |
| 13   | 3       | 82     | Pedro            | Ramos Calvo              | MASTER D Masculino | C.D RUNNINGPARATODOS |           | 00:18:17 |
| 14   | 3       | 8      | David            | Barredo Alvarez          | MASTER B Masculino |                      |           | 00:18:31 |
| 15   | 2       | 45     | Francisco Manuel | González Fernández       | MASTER C Masculino | LA DESPENSA DE FER   |           | 00:19:00 |
| 16   | 3       | 61     | Sergio           | Mayor Cereijo            | MASTER C Masculino | C.D RUNNINGPARATODOS |           | 00:19:26 |
| 17   | 4       | 20     | Rubén            | Crespo                   | MASTER B Masculino | C.D RUNNINGPARATODOS |           | 00:19:27 |
| 18   | 6       | 81     | Ezequiel Magín   | Quintana López           | SENIOR Masculino   |                      |           | 00:19:40 |
| 19   | 5       | 40     | Ignacio          | García Puente            | MASTER B Masculino |                      |           | 00:19:48 |
| 20   | 1       | 35     | Katy             | Franco García            | MASTER C Femenino  | LOS LINCES BERCIANOS |           | 00:19:50 |
| 21   | 4       | 3      | Rubén            | Alfonso González         | MASTER D Masculino | CORRE COMO UNA CHICA |           | 00:20:02 |
| 22   | 7       | 49     | Juan Iván        | Herrera Vidal            | SENIOR Masculino   | LINCES BERCIANOS     |           | 00:20:15 |
| 23   | 8       | 52     | Carlos           | Lamas Lopez              | SENIOR Masculino   | RUNNING PARA TODOS   |           | 00:20:25 |
| 24   | 4       | 44     | José Carlos      | González Beneitez        | MASTER C Masculino | YOSOYDELTUBO         |           | 00:20:55 |
| 25   | 9       | 62     | Kenjy Andrés     | Mesa Jiménez             | SENIOR Masculino   |                      |           | 00:21:13 |
| 26   | 5       | 47     | Fernando         | González Prada           | MASTER C Masculino | CDM ALTO SIL         |           | 00:21:15 |
| 27   | 1       | 70     | Iria             | Pereira Rodríguez        | MASTER B Femenino  | C.D RUNNINGPARATODOS |           | 00:21:25 |
| 28   | 2       | 75     | Pablo            | Polanco Sobrín           | MASTER A Masculino |                      |           | 00:21:36 |
| 29   | 6       | 65     | Pablo            | Moreno Rodriguez         | MASTER B Masculino |                      |           | 00:21:52 |
| 30   | 2       | 34     | Rosa Ana         | Fontaine Perez           | MASTER B Femenino  |                      |           | 00:21:56 |
| 31   | 10      | 84     | Alejandro Joel   | Reguera García           | SENIOR Masculino   | BIERZO WARRIORS      |           | 00:22:02 |
| 32   | 2       | 96     | María            | Santisteban Castro       | SENIOR Femenino    |                      |           | 00:22:03 |
| 33   | 11      | 59     | Javier           | Manzano Novo             | SENIOR Masculino   |                      |           | 00:22:27 |
| 34   | 12      | 69     | David            | Pascoal Da Costa         | SENIOR Masculino   |                      |           | 00:22:27 |
| 35   | 13      | 88     | Alvaro           | Rodríguez Sousa          | SENIOR Masculino   | C.D RUNNINGPARATODOS |           | 00:22:28 |
| 36   | 14      | 38     | Cristian         | García Iglesias          | SENIOR Masculino   | RUNNING PARA TODOS   |           | 00:22:29 |
| 37   | 2       | 42     | Nuria            | Girón Martinez           | MASTER C Femenino  | RUNNING PARA TODOS   |           | 00:22:30 |
| 38   | 1       | 78     | Roberto          | Pregigueiro García       | MASTER E Masculino |                      |           | 00:22:53 |
| 39   | 6       | 90     | Iván             | Rubio Diez               | MASTER C Masculino |                      |           | 00:23:02 |
| 40   | 15      | 93     | Alejandro        | Sánchez Piris            | SENIOR Masculino   |                      |           | 00:24:33 |
| 41   | 1       | 98     | María Cruz       | Servia González          | MASTER D Femenino  | CDM ALTO SIL         |           | 00:24:48 |
| 42   | 3       | 79     | Laura            | Prieto Cruz              | SENIOR Femenino    |                      |           | 00:24:56 |
| 43   | 3       | 66     | Maidely          | Narvaez                  | MASTER B Femenino  |                      |           | 00:25:02 |
| 44   |         | 105    | Dorsal Sin Datos |                          |                    |                      |           | 00:25:09 |
| 45   | 16      | 85     | David            | Ríos Rodeiguez           | SENIOR Masculino   |                      |           | 00:25:38 |
| 46   | 4       | 63     | Elena            | Montaña Gomez            | SENIOR Femenino    |                      |           | 00:25:39 |
| 47   | 17      | 74     | Antonio          | Pieptea                  | SENIOR Masculino   |                      |           | 00:25:58 |

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|------|---------|--------|--------------|---------------------|--------------------|----------------------|-----------|----------|
| 48   | 5       | 46     | Laura        | González González   | SENIOR Femenino    |                      |           | 00:26:11 |
| 49   | 18      | 64     | Diego        | Montero Alvarez     | SENIOR Masculino   |                      |           | 00:26:12 |
| 50   | 3       | 51     | Yaumar       | Izquierdo Coto      | MASTER A Masculino |                      |           | 00:26:30 |
| 51   | 19      | 91     | Pedro        | Sánchez De La Muela | SENIOR Masculino   |                      |           | 00:26:31 |
| 52   | 4       | 97     | Sara         | Senra García        | MASTER B Femenino  |                      |           | 00:26:33 |
| 53   | 3       | 31     | Cristina     | Fernández Pérez     | MASTER C Femenino  | C.D RUNNINGPARATODOS |           | 00:26:33 |
| 54   | 7       | 15     | David        | Bosque Moreno       | MASTER C Masculino | CDM ALTO SIL         |           | 00:27:13 |
| 55   | 5       | 43     | Vanessa      | Gómez Brañas        | MASTER B Femenino  | CDM ALTO SIL         |           | 00:27:14 |
| 56   | 1       | 50     | Elisabeth    | Hufschmid           | MASTER A Femenino  | LOS LINCES BERCIANOS |           | 00:27:36 |
| 57   | 2       | 23     | Vane         | De Sena Amador      | MASTER A Femenino  |                      |           | 00:27:48 |
| 58   | 6       | 33     | Cristina     | Ferrere Bravo       | MASTER B Femenino  |                      |           | 00:27:54 |
| 59   | 3       | 14     | Natalia      | Blanco Rodriguez    | MASTER A Femenino  |                      |           | 00:28:26 |
| 60   | 6       | 4      | Nerea        | Almeida Roderia     | SENIOR Femenino    |                      |           | 00:28:58 |
| 61   | 4       | 24     | Isabel Maria | Del Rio Garcia      | MASTER A Femenino  |                      |           | 00:29:00 |
| 62   | 7       | 29     | Gabriela     | Duque               | SENIOR Femenino    |                      |           | 00:29:08 |
| 63   | 20      | 25     | Daniel       | Díaz Medina         | SENIOR Masculino   | LOS LINCES BERCIANOS |           | 00:30:11 |
| 64   | 8       | 67     | Alba         | Neira               | SENIOR Femenino    |                      |           | 00:31:26 |
| 65   | 21      | 2      | Miguel Angel | Alba García         | SENIOR Masculino   |                      |           | 00:31:27 |
| 66   | 9       | 94     | Soraya       | Sánchez Romero      | SENIOR Femenino    |                      |           | 00:31:27 |
| 67   | 1       | 77     | Ana          | Pozas Alvarez       | MASTER G Femenino  |                      |           | 00:31:39 |
| 68   | 1       | 11     | Jesus        | Bernal Gomez        | MASTER G Masculino |                      |           | 00:31:52 |
| 69   | 22      | 73     | Izan         | Pérez Ramón         | SENIOR Masculino   | LOS LINCES BERCIANOS |           | 00:32:05 |
| 70   | 5       | 72     | Marcos       | Pérez Barrios       | MASTER D Masculino | LOS LINCES BERCIANOS |           | 00:32:06 |
| 71   | 23      | 5      | Ismael       | Baena Fernández     | SENIOR Masculino   | LOS LINCES BERCIANOS |           | 00:56:19 |
| 72   | 10      | 57     | Noelia       | López Rodríguez     | SENIOR Femenino    |                      |           | 00:56:22 |
| 73   | 11      | 92     | Almudena     | Sánchez De La Muela | SENIOR Femenino    |                      |           | 00:56:24 |
| 74   | 1       | 99     | Rosa Isabel  | Silván Silván       | MASTER E Femenino  |                      |           | 00:56:25 |